## Libby's Kitchen Menu (Jul.2024 / 2024年7月)

| School:           |             |
|-------------------|-------------|
| Student:          | Total Meal: |
| Parent's Contact: | Total Amt : |

| Pareili   | Parent's Contact: Total Amt : |                                   |            |                                  |            |  |             |                                       |       |   |  |  |
|-----------|-------------------------------|-----------------------------------|------------|----------------------------------|------------|--|-------------|---------------------------------------|-------|---|--|--|
|           |                               | Mon.                              |            | Tue.                             | Wed.       |  |             | Thur.                                 | Fri.  |   |  |  |
|           | •••••                         | <u>1</u>                          |            | 2                                |            | 3  |             | 4                                     | ••••• | <u>5</u>                                |  |  |
| Week<br>1 | Α                             |                                   | Α          | Chicken Veg Dumplings<br>鸡肉蔬菜蒸饺  | Α          | Chicken Fried Rice<br>鸡肉炒饭                 | Α           | Taiwanese Fried Chicken<br>台式盐酥鸡饭     | Α     | Riceball w/Shreded Pork<br>海苔肉松饭团       |  |  |
|           | В                             | Canada Day                        | В          | Chicken Tender & Fries<br>麦香鸡配薯条 | В          | Korean Beef Bibimbap<br>韩式牛肉拌饭             | В           | Tuna Salad Sandwich<br>吞拿鱼沙拉三明治       | В     | Sweet&Sour Chicken<br>菠萝咕咾鸡             |  |  |
|           | С                             |                                   | С          | Bacon Fried Udon<br>蘑菇培根乌冬炒面     | С          | Spaghetti w/Meat Sauce<br>番茄肉酱意面           | С           | Popcorn Chicken w/Potato<br>椒盐鸡米花配土豆泥 | С     | Beef Broccoli w/Rice<br>西蓝花炒牛肉          |  |  |
|           |                               |                                   |            |                                  |            |  |             |                                       |       |   |  |  |
| Week<br>2 | Mon.<br>8                     |                                   | Tue.<br>9  |                                  | Wed.<br>10 |  | Thur.<br>11 |                                       |       | Fri.<br>12                              |  |  |
|           | Α                             | Deep Fried Fish Filet<br>椒盐鱼片     | Α          | Ham Fried Rice<br>扬州炒饭           | Α          | Japchae Korean Noodle<br>韩式牛肉炒杂菜           | Α           | Chicken Yaki Udon<br>日式鸡肉炒乌冬面         | Α     | Chicken Stick Wrap<br>芝士鸡肉卷             |  |  |
|           | В                             | Stir Fried Pork&Corn<br>肉末炒玉米     | В          | Steamed Egg w/Pork<br>肉末蒸蛋       | В          | Sweet & Sour Meatball<br>糖醋丸子              | В           | Chicken Fried Noodle<br>鸡肉炒面          | В     | Spaghetti w/Meat Sauce<br>番茄肉酱意面        |  |  |
|           | С                             | Creamy Ham Carbonara<br>白汁奶油火腿意面  | С          | California Sushi<br>加州卷          | С          | Chicken Mac&Cheese<br>鸡肉香肠通心粉              | С           | Teriyaki Chicken w/Rice<br>照烧鸡配米饭     | С     | Marinated Chicken Leg<br>香卤鸡腿配米饭        |  |  |
|           |                               |                                   |            |                                  |            |  |             |                                       |       |   |  |  |
| Week<br>3 | Mon.<br>15                    |                                   | Tue.<br>16 |                                  | Wed.<br>17 |  |             | Thur.<br>18                           |       | Fri.<br>19                              |  |  |
|           | Α                             | Sir-Fried Chicken w/Rice<br>酱爆鸡丁  | Α          | Beef Hot Dog<br>牛肉热狗             | Α          | TW Style Braised Pork<br>台式卤肉饭             | Α           | Steamed Chicken mushroom<br>蘑菇蒸鸡      | Α     | Butter Chicken<br>黄油咖喱鸡                 |  |  |
|           | В                             | Teriyaki Beef Noodle<br>照烧日式牛肉炒面  | В          | Scrambled Egg w/Tomato<br>番茄炒蛋   | В          | Sweet&Sour Fish<br>菠萝咕咾鱼球                  | В           | Grilled Chicken w/Rice<br>香烤鸡胸配米饭     | В     | Sweet & Sour Tofu Ball<br>糖醋豆腐丸子        |  |  |
|           | С                             | Sweet&Sour Chicken<br>菠萝咕咾鸡       | С          | Lemon Chicken<br>柠檬鸡配米饭          | С          | Bacon Mac&Cheese<br>蘑菇培根奶油通心粉              | С           | Beef Broccoli w/Rice<br>西蓝花炒牛肉        | С     | Mash Potato w/Meatball<br>土豆泥配牛丸        |  |  |
|           |                               |                                   |            |                                  |            |  |             |                                       |       |   |  |  |
|           | Mon.<br>22                    |                                   | Tue.<br>23 |                                  |            | Wed.<br>24                                 |             | Thur.<br>25                           |       | Fri.<br>26                              |  |  |
| Week<br>4 | Α                             | Stir-Fried Chicken&Corn<br>玉米笋炒鸡丁 | Α          | Kyoto Style Pork Chop<br>京都猪扒    | Α          | Tuna Mayo Riceballs<br>吞拿鱼奶油饭团             | Α           | Ham Fried Rice<br>扬州炒饭                | Α     | Beef Taco<br>墨西哥牛肉卷                     |  |  |
|           | В                             | Cheese Stick & Chips<br>芝士条配薯条    | В          | Creamy Butter Pork Chop<br>奶油猪扒饭 | В          | Korean Beef Bibimbap<br>韩式牛肉拌饭             | В           | BBQ Pork<br>叉烧饭                       | В     | Beef Stroganoff w/Rice<br>俄式酸奶牛肉配米饭     |  |  |
|           | С                             | Chicken Mac&Cheese<br>鸡肉香肠通心粉     | С          | California Sushi<br>加州卷          | С          | Spaghetti w/Beef Meatball<br>番茄牛丸意面        | C           | Beef Lasagna<br>意大利牛肉千层饼              | С     | Grilled Chicken Leg w/Rice<br>香烤鸡腿配奶油玉米 |  |  |
|           |                               |                                   |            |                                  |            |  |             |                                       |       |   |  |  |
| Week<br>5 |                               | Mon.<br>29                        |            | Tue.<br>30                       |            | Wed.<br>31                                 |             | Thur.                                 |       | Fri.                                    |  |  |
|           | Α                             | Mushroom Bacon Pasta<br>蘑菇培根奶油意面  | Α          | Beef Fried Noodle<br>牛肉炒面        | Α          | Baked Cheese Meat Sauce w/ Rice<br>芝士肉酱焗意饭 | Α           |                                       | Α     |   |  |  |
|           | В                             | Fish & Chips<br>炸鱼薯条              | В          | TW Style Braised Pork<br>台式卤肉饭   | В          | Teriyaki Tofu<br>照烧豆腐                      | В           |                                       | В     |   |  |  |
|           | С                             | Grilled Chicken w/Rice<br>香烤鸡胸配米饭 | С          | Stir-Fried Veggie<br>地三鲜         | С          | Chinese Sausage Fried Rice<br>腊肠什锦炒饭       | С           |                                       | С     |   |  |  |
|           |                               |                                   |            |                                  |            |  |             |                                       |       |   |  |  |

Lunch served with seasonal vegetable and rice (except for noodle & fried rice item).

## Libby's Hot Lunch Registration Form



Libby's Kitchen is a hot lunch provider dedicating in preparing delicious hot lunch meals for children. We aim to provide delicious food and excellent service to elementary schools and daycare centers. We offer Daily Hot Lunch Program and School Hot Lunch Program to serve the demand of different school and organization. Our menu is carefully designed in compliance with *The Guidelines for Food and Beverage Sales in BC & School Meal* and *School Nutrition Program Handbook* to ensure nutrients intake and food variation. For more information, please visit libbyskitchen.ca or contact us.

## Libby's Note:

We aim to provide fresh and seasonal food. Libby's Kitchen reserves the right to substitute certain ingredient without further notice. Should you have any question, please do not hesitate to contact us at 778-886-0096 or libbykitchen@outlook.com. Your business is highly appreciated!